

# Flexible Spending Accounts

## Eligible Expenses



medical



prescriptions



dental



vision



day care

### Healthcare

- Copays, deductibles, and coinsurance
- Acupuncture
- Blood pressure monitors
- Body scans
- Childbirth classes
- Chiropractic care
- Contact lenses (prescription), solutions, cleaners and cases
- Dental care (including crowns, endodontic services, fillings, implants, oral surgery, periodontal services and sealants, but not porcelain veneers)
- Diabetic supplies
- Fertility treatments
- First aid kits
- Flu shots
- Foot care (e.g., athlete's foot products, arch supports, callous removers, etc.)
- Hearing aids (including batteries)
- Home diagnostic tests and kits (e.g., cholesterol, colorectal screenings, etc.)
- Home medical equipment (e.g., crutches, wheelchairs, canes, oxygen, respirators, etc.)\*
- Laser eye surgery\*
- Learning disability therapies (including speech therapy and remedial reading)\*
- Medical supplies
- Mental health counseling
- Occupational therapy
- Orthodontia
- Over-the-counter medicines (prescription only)
- Physical therapy
- Prescription drugs
- Preventive care screenings
- Prosthetics
- Psychiatric services and care
- Service animals
- Shipping and handling charges for medical needs, such as eligible over-the-counter items and mail-order prescriptions
- Smoking cessation products (prescription only)
- Specialized equipment and services for disabled persons\*
- Substance abuse treatment
- Sunscreen\*
- Transportation expenses related to medical care
- Vision care (including prescription eyeglasses, prescription sunglasses, and vision correction procedures)

### Dependent Care

- Child care (at a day care center, day camp, sports camp, nursery school or by a private sitter)
- Before and after-school care (must be billed separately from tuition)
- Adult day care expenses
- Expenses for a housekeeper whose duties include caring for an eligible dependent
- Placement fee expenses and stipend for an au pair

**This is a sample list only.** For a detailed list, please visit [www.myshps.com](http://www.myshps.com) and click on "Eligible Expense Guide." Eligible expenses are subject to change based on IRS guidance. **NOTE:** Please check your employer's benefit plan documents for specifics regarding eligible expenses under your spending account plan. Your employer's plan documents have final authority on eligibility.

*\*These expenses require a letter of medical necessity from your healthcare provider in order to be considered eligible for reimbursement.*

